

A Christian Response to Ontario's "Human Development and Sexual Health" Curriculum

Materials compiled by Jan Mutter M.T.S.

Pro's	Con's
<ul style="list-style-type: none"> Most Christian parents agree with the broad goals of this curriculum to support students to develop the skills and knowledge to: <ol style="list-style-type: none"> Understand themselves and others Think critically, make and promote healthy choices Develop and maintain healthy relationships Be safe, physically and emotionally Be physically active for life and thrive. 	<ul style="list-style-type: none"> This curriculum will be taught by teachers who will hold a variety of moral views not all of which are Christian. Teachers may choose from detailed lists of examples that can take classroom discussions in directions that do not support our world view.
<ul style="list-style-type: none"> Many Christian parents do not do a good job of teaching sex education to their children. The school system is then the only way that kids learn about human development and sexual health. 	<ul style="list-style-type: none"> Sex education is taught with a 'broad brush' in order to satisfy a pluralistic society.
<ul style="list-style-type: none"> This curriculum is dealing with social issues that are very serious – <ul style="list-style-type: none"> Bullying Sexual Harassment Internet pornography, stalking Early sexual experimentation 	<ul style="list-style-type: none"> The public educational system does not label sin as the Bible does. Conversely, it does not present God's grace and forgiveness for those who harm others. Biblical standards for relationships and sexual activity are only one option among many in the public arena.
<ul style="list-style-type: none"> This curriculum clearly states that "Parents help their children form values about relationships and behavior and their sexual health." 	
<p>The Ontario curriculum challenges parents to:</p> <ul style="list-style-type: none"> Listen Create an open environment and use everyday opportunities to talk Show your values by what you do and say Have more conversation 	

"A Parent's Guide: Human Development and Sexual Health in the Health and Physical Education Curriculum."

<https://www.edu.gov.on.ca/eng/curriculum/.../HPEgrades1to6>

<https://www.edu.gov.on.ca/eng/curriculum/.../HPEgrades7to12>

Check out the resources provided to help you with this task.

What students will learn about
Human Development and Sexual Health
in the Health and Physical Education Curriculum

They will learn about:

- The names of body parts
- An initial understanding of how their bodies work
- Skills for **healthy relationships** with peers and families, like showing respect for others
- Their senses, hygiene, oral health and stages of development
- Their physical health is one part of overall health and well-being
- Being aware of their feelings and getting help if they need it
- Their social and emotional health (e.g. getting along with others, recognizing their feelings, learning coping skills)

Issues for Christian Parents

Healthy relationships will also involve learning about a range of family structures. (i.e. two mothers or two fathers)

Good Stuff

- Respect for those who are different is being taught. (Bullying prevention?)

What students will learn about
Human Development and Sexual Health
in the Health and Physical Education Curriculum

They will learn about:

- Physical changes that occur during puberty
- The emotional and interpersonal changes and stresses that comes with puberty
- Understanding reproduction and body processes
- Learning more about healthy relationships

Issues for Christian Parents

Learning about relationships that may involve **early romantic interest that** leads to questions about issues of dating and sexual encounters.

Learning about **making safe and healthy decisions** will include discussion options outside the bounds of a biblical Christian worldview.

Teachers are left to use their professional judgement about using examples and sample questions as prompts.

Gender identity and sexual orientation is presented as something over which the student has no control (compared to ethnicity, hair colour, etc.)

Good Stuff

- Kids will be prompted to ask for help when mental health issues appear.
- Safety in on-line relationships will be discussed.

What students will learn about
Human Development and Sexual Health
in the Health and Physical Education Curriculum

They will learn more about:

- Themselves and others, their **identity**, peer, family and romantic relationships, personal safety and decision-making
- Delaying sexual activity, preventing sexually transmitted infections, and **pregnancy prevention**
- Factors that influence decisions such as peers, media, curiosity and access to information
- **Sources of support and information** related to sexual health such as public health services, community health agencies, reliable and accurate websites.

Issues for Christian Parents

Curriculum geared to having students develop a deeper understanding about themselves. This includes their

- **identity**,
- **gender identity**,
- **gender expressions**,
- **sexual orientation**.

Pregnancy prevention will be taught from a broad perspective. Contraception and condom use will be explained. "Safer sex" will be presented as the outcome of good decision making.

The choice to be **sexually active** is presented as a legitimate option.

Sources of support and information may not include sources Christian parents are comfortable with.

Good Stuff

- Abstinence will be presented.
- Bullying and harassment prevention will be a focus.
- Homophobic or racist language will be considered discriminatory.
- Sexual harassment will be addressed.
- Students will also learn about:
 - Healthy eating
 - Personal safety
 - Injury prevention
 - Substance use and addictions

Ages 3-5		
Christian Resources	Author(s)	Available from
<p>BOOK <i>Gods Design for Sex</i> Book 1 - The Story of Me</p> <p>Lays a spiritual foundation for a child's understanding of sex.</p> <p>AUDIENCE: Child with parent.</p>	<p>Stan and Brenna Jones. 2007</p>	<p>NavPress Colorado Springs, Colorado</p>
<p>BOOK <i>Pure Foundation series</i> God Made Your Body</p> <p>Introduces idea that God created our bodies. Discusses how boys & girls are different – that everyone is unique and special to God.</p> <p>AUDIENCE: Child with parent.</p>	<p>Jim Burns, 2009</p>	<p>Bethany House Publishers Grand Rapids, Michigan</p>
<p>BOOK What to Expect When Mommy's Having a Baby</p> <p>Helps to answer child's question about how a baby is created, grows, is born and joins the family.</p> <p>AUDIENCE: Child with parent.</p>	<p>Heidi Murkoff,</p>	<p>HarperFestival A division of HarperCollins Publishers Inc.</p>
<p>BOOK The Wonderful Way Babies are Made</p> <p>The Wonderful Way Babies Are Made will help you teach your children about families, babies, and sexual intimacy from a joyful Christian perspective. Uniquely set against the backdrop of God's creation and our role in it, this book is an excellent place to begin presenting the information, feelings, and attitudes you would like to share with your children about the truly wonderful way babies and families are made.</p> <p>AUDIENCE: Child with parent. Recommended by Charlene Neuman.</p>	<p>Larry Christenson</p>	<p>http://www.amazon.ca/Wonderful-Way-Babies-Are-Made/dp/0764223410</p>

Grades 1-3		
Christian Resources - Books	Author(s)	Available from
<p>BOOK <i>Gods Design for Sex series</i> Book 2 – Before I was Born Emphasizes the creational goodness of our bodies. Introduces the growth and change in the human body. A tactful but direct explanation of sexual intercourse is included. AUDIENCE: Child with parent.</p>	<p>Carolyn Nystrom, 2007</p>	<p>NavPress Colorado Springs, Colorado</p>
<p>BOOK <i>Pure Foundations series</i> How God Makes Babies Introduces the basics of human sexuality. Answers where babies come from and emphasizes how children are part of God’s wonderful plan for families. AUDIENCE: Child with parent.</p>	<p>Jim Burns, 2009</p>	<p>Bethany House Publishers Grand Rapids, Michigan</p>

Grades 4-6		
Christian Resources	Author(s)	Available from
<p>BOOK <i>Gods Design for Sex series</i> Book 3 – What’s the Big Deal? Why God Cares about Sex. Reinforces the basics of sexual intercourse and the fundamental goodness of our sexuality. Builds understanding of why God intends sex to be reserved for marriage. Begins to inoculate children against the negative moral messages of the world. AUDIENCE: Child with parent.</p>	<p>Stan and Brenna Jones, 2007</p>	<p>NavPress Colorado Springs, Colorado</p>
<p>BOOK A Chicken’s Guide to Talking Turkey with Your Kids About Sex Book focuses on puberty (8-14). Reminds parents that sex ed. Is an ongoing process that starts very early in life. In adolescence focus on the neck-up issues, spend time with your child on the crises of life like bad hair, clumsiness and cracking voice. Establish openness and trust. AUDIENCE: Parents</p>	<p>Dr. Kevin Leman and Kathy Flores Bell, 2004</p>	<p>Zondervan Grand Rapids, Michigan</p>
<p>BOOK So You're About to be a Teenager Covering such topics as friends, peer pressure, boundaries, dating, and sex, the Rainey's address the most common traps of adolescence and teach young people how to avoid making poor choices. Short, concise chapters are filled with engaging illustrations and practical applications. This book is essential reading for preteens. AUDIENCE: Pre-Teens</p>	<p>Dennis and Barbara Rainey, 2002</p>	<p>Thomas Nelson</p>
<p>BOOK The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body Ultimate Girl's Body Book: Not So-Silly Questions About Your Body <i>Recommended by: Angela Collins</i></p>	<p>Dr. Walt Larimore Dr. Walt Larimore and Dr. Amaryllis Sanchez Wohlever</p>	<p>http://www.amazon.ca/Ultimate-Guys-Body-Book-Not-So-Stupid/dp/031072323X</p>
<p>VIDEO Sexual Purity for Teen & Tween Girls - 1/2 - Dannah Gresh http://www.100huntley.com/video.php?id=FDtEn8Z-ICY Sexual Purity for Teen & Tween Girls - 2/2 - Dannah Gresh http://www.100huntley.com/video.php?id=eLZuXGrqQz0 Audience: Moms</p>	<p>100 Huntly Street</p>	

Grades 4-6		
Christian Resources	Author(s)	Available from
<p>VIDEO The Ties that Bind (<i>Adventures in Odyssey #58</i>) <i>The Ties That Bind</i> contains 12 all-new episodes exploring questions about God’s design for marriage and family, loyalty, redemption, commitment, and love. It’s a collection for your whole family to enjoy and talk about. Recommended by: Mark Mowbray</p>	<p>Focus on the Family</p>	<p>http://shop.focusonthefamily.ca/Kids/Adventures-in-Odyssey/The-Ties-That-Bind-58.html</p>
<p>WEBSITE Secret Keeper Girl Check out the Secret Keeper Girl tours and take your daughter to one of these events. Audience: Young girls and Moms</p>	<p>Dannah Gresh</p>	<p>Check out the Pure Freedom and Secret Keeper Girl products at this site. http://www.secretkeepergirl.com/</p>
<p>WEBSITE Passport to Purity Tools for parents to talk to their kids about sex as pre-teens. Kids go through the materials with a parent of the same sex. Audience: Parents and child.</p>	<p>Dennis and Barbara Rainey</p>	<p>http://www.familylife.com/passport2purity</p>

Grades 7 - 12		
Christian Resources -	Author(s)	Available from
<p>BOOK & DVD</p> <p>And the Bride Wore White - Book</p> <p>And the Bride Wore White – Curriculum (DVD & book)</p> <p>8 week purity study for girls and Moms.</p> <p>Audience: teen girls</p>	Dannah Gresh	http://pure-freedom.myshopify.com/products/and-the-bride-wore-white-curriculum-mother-daughter-pack
<p>BOOK</p> <p>Every Young Woman’s Battle</p> <p>Discusses sexual purity from emotional, mental, spiritual & physical perspectives.</p> <p>AUDIENCE: for teen girls</p>	Shannon Ethridge and Stephen Arterburn. 2004	Waterbrook Press, Colorado Springs, Colorado
<p>BOOK</p> <p>Every Young Man’s Battle</p> <p>Discusses sexual purity in a frank manner.</p> <p>AUDIENCE: for teen boys</p>	Stephen Arterburn and Fred Stoeker 2002	Waterbrook Press, Colorado Springs, Colorado
<p>BOOK</p> <p>Conversations You Must Have With Your Daughter</p> <p>Preparing Moms to talk about sex with their daughters as they grow.</p> <p>AUDIENCE: for Moms</p>	Vicki Courtney 2008	B & H Publishing Group, Nashville, Tennessee
<p>BOOK</p> <p>Mom, sex is NO big deal!</p> <p>A way to practise hand-in-hand mothering with your daughter using the daily struggles of life to connect with them in life-changing ways.</p> <p>AUDIENCE: for Moms and teen girls</p>	Sharon A. Hersh 2006	Waterbrook Press, Colorado Springs, Colorado
<p>BOOK</p> <p>The Purity Code: Gods Plan for Sex and Your Body</p> <p>This book is written as a Dad speaking with his son or daughter. The purity code is:</p> <ul style="list-style-type: none"> • Honouring God with your body • Renewing your mind for the good • Turning your eyes from worthless things • Guarding your heart above all else. <p>AUDIENCE: Dad and child should each read a chapter, and then discuss questions together.</p> <p>PURITY CODE: AUDIO RESOURCE, THE: Conversations With Youth Experts Audio CD – Audiobook, CD</p>	Jim Burns 2008	<p>Bethany House Publishers, Bloomington, Minnesota</p> <p>http://www.amazon.ca/PURITY-CODE-RESOURCE-Conversations-Experts/dp/0764205471/ref=sr_1_8_tw_iud_1?ie=UTF8&qid=1443122492&sr=8-8&keywords=the+purity+code</p>
<p>BOOK</p> <p><i>Gods Design for Sex series</i></p> <p>Book 4 – Facing the Facts: The Truth About Sex & You</p> <p>Further prepared child for puberty. More detailed information about the body provided. God’s view of sexuality is presented verses the distorted way the world views sex.</p> <p>AUDIENCE: Child with parent.</p>	By Stan and Brenna Jones, 2007	NavPress Colorado Springs, Colorado

Grades 7 - 12		
Christian Resources -	Author(s)	Available from
<p>BOOK The Dirt on Sex <i>The Dirt on Sex</i> gives the scoop on: -myths of sex -hidden meanings behind your admirer's advances -what guys (and girls!) say about sex when the other isn't around -how to deal when you wish you hadn't done it -and much, much more</p> <p>Other books: The Dirt on Breaking Up, The Dirt on Drugs.</p> <p>AUDIENCE: Teen reading. <i>Recommended by: Colleen Ernewein and Jan Mutter</i></p>	<p>Justin Lookadoo</p> <p>Former juvenile probation officer and youth pastor, now Christian speaker and writer</p>	<p>http://www.lookadoo.com/</p>
<p>BOOK Praying for your future husband Excellent about purity and relationships and all that goes with dating and future marriage. <i>Recommended by: Tracey Bagley</i></p>	<p>Robin Jones Gunn</p>	
<p>BOOK PURE LOVE, PURE LIFE: EXPLORING GOD'S HEART ON PURITY Purity is often presented as a series of don'ts-don't think that way, don't look that way, don't act that way. But real purity is about the freedom God gives us to live a life of happiness, and is not just about virginity-it's a whole life transformation. Teens will discover that the pure life can also be a good life. Audience: ages 13-15 <i>Recommended by: Margaret Smart-Wheaton</i></p>	<p>Elsa Kok Colopy</p>	<p>Zondervan Kidz Books (Jan. 9 2012)</p>
<p>BOOK The Fantasy Fallacy: Exposing the Deeper Meaning Behind Sexual Thoughts</p> <p>Without being judgmental or condemning, Shannon helps us dissect several common and often-disturbing topics, such as:</p> <ul style="list-style-type: none"> • a distorted fascination with pornography • the mental pursuit of multiple partners • the lure of gay and lesbian desires • bondage, domination, and sadomasochism (BDSM) <p>With tips for controlling unwanted fantasies and resources for providing a safe haven for recovery, <i>The Fantasy Fallacy</i> helps us recognize and heal our emotional pain and equips us to help others do the same.</p>	<p>Shannon Ethridge</p>	<p>http://www.amazon.com/The-Fantasy-Fallacy-Exposing-Thoughts/dp/0849964695</p>

Grades 7 - 12		
Christian Resources -	Author(s)	Available from
BOOK RESOURCE LIST Focus on the Family RESOURCE LIST: SEX EDUCATION		<i>media.focusonthefamily.com/topicinfo/sex_education_resources.pdf</i>
VIDEO IT AIN'T WORTH IT: VIDEO This abstinence video features A.C. Green and helps youth understand the power of choosing abstinence. Primary Audience: Junior High	A.C. Green	Acgreen YOUTH FOUNDATION http://www.acgreen.com/get-involved/store/
VIDEO IT'S AIN'T WORTH IT: INTERVIEW Role models. Peer Pressure. Self-Discipline. NBA star A.C. Green addresses these topics and more as he sits down for a straight talk with teens about abstinence. The decisions made today will directly impact tomorrow, and A.C. talks about setting and reaching goals, as well as his stand for abstinence. Supported by excerpts from the original "It Ain't Worth It," A.C. reveals the truth about sex, and explains how young people can make a difference in lives – starting with their own	A.C. Green	Acgreen YOUTH FOUNDATION http://www.acgreen.com/get-involved/store/
WEBSITE Christian Sex Education Resources for Parents Principle 1: Sex education is the shaping of character. Principle 2: Parents are the principle sex educators. Principle 3: First messages are the most potent. Principle 4: Seize those "teachable moments;" become an "askable" parent. Principle 5: Stories are powerful teaching tools. Principle 6: Accurate and explicit messages are best. Principle 7: Positive messages are powerful. Principle 8: "Inoculate" your children against negative beliefs. Principle 9: Repetition is critical; repetition is really, really important. Principle 10: Close, positive parent-child relationships are crucial. Principle 11: Sexuality is not everything; keep your perspective. Principle 12: Our God can forgive, heal, and redeem anything.	Stan and Brenna Jones Authors of God's Design for Sex series	http://www.christiansexed.com/
WEBSITE Challenging and equipping sex educators Check out blog articles.	Barbara Kohl Ministries	http://barbarakohl.com/ Barbara@BarbaraKohl.com
WEBSITE – DVD's - YouTube Enlighten Communications Inc. Check out DVD's. Listen to Pam on YouTube	Pam Stenzel	http://pamstenzel.com/Home.aspx
WEBSITE National Center for Biblical Parenting Check out their "Learning About Sex" series The complete set includes six books. Choose the boy or girl version because two of the books are now offered gender specific.		https://www.biblicalparenting.org/pr-development.asp

Grades 7 - 12		
Christian Resources -	Author(s)	Available from
<p>WEBSITE CPYU – Center for Parent and Youth Understanding <i>Their mission:</i></p> <ul style="list-style-type: none"> • Helping parents understand and respond to the complex world of their children and teens from a distinctively Christian point of view. • Equipping teenagers to deal with the challenges of adolescence. • Raising the youth culture awareness of youth workers, parents and educators, thereby helping them increase their effectiveness with parents, children and teens. <p>Lots of resources!!</p>		http://www.cpyu.org/
<p>WEBSITE True Tolerance (by Focus on the Family) Website for parents. Very oriented toward the U.S. audience, so you have to wade through country specific references for the resource gems. A few good resources for issues like: bullying, teen suicide.</p>	Focus on the Family	http://www.truetolerance.org/
<p>WEBSITE The Evangelical Fellowship of Canada Pornography – resources and links</p>	The Evangelical Fellowship of Canada	http://www.evangelicalfellowship.ca/pornography
<p>WEBSITE "The problem of pornography"--Truth To Go--"To Be Perfectly Honest" Phil Callaway http://www.100huntley.com/video.php?id=QEwKt6Xlsmk</p> <p>Facing The Temptation of Pornography - Donald Lichi - 1/2 http://www.100huntley.com/video.php?id=Uiyh68Yb3jQ</p> <p>Facing The Temptation of Pornography - Donald Lichi - 2/2 http://www.100huntley.com/video.php?id=gM-cw87ff5s</p> <p>Audience: Parents</p>	100 Huntley Street	

General		
Christian Resources	Author(s)	
<p>BLOG ARTICLE <i>Focus Insights</i> <i>Exploring Faith, Family and Culture</i> 10 Things Every Christian Should Know about a Christian Sexual Ethic</p>	Glenn T. Stanton	http://www.focusinsights.org/blog/post/ten-things-everyone-should-know-about-christian-sexual-ethic
<p>BOOK God's Design for Sex – Parent Guide Offers a comprehensive understanding of what parents can do to shape their children's sexual character. Audience: Parents</p>	Stan and Brenna Jones	NavPress Colorado Springs, Colorado
<p>BOOK Homosexuality and the Christian The author provides a balanced and accessible look at today's research. Provides a deep understanding of homosexuality that will help churches, communities and families speak the truth in love. Recommended by: Jan Mutter</p>	Mark A. Yarhouse, PsyD, 2010 Professor of Psychology at Regent University in Virginia Beach, Virginia	Bethany House Publishers Minneapolis, Minnesota
<p>BOOK (free guide download) "How to Talk to Your Children About Homosexuality" Advice for dealing with this issue from pre-school through high school. Audience: Parents</p>	Jeff Johnston Focus on the Family	http://www.focusonthefamily.com/Home/socialissues/defending-your-values/how-to-talk-to-your-children-about-homosexuality
<p>BOOK The Focus on the Family Guide to Talking with Your Kids about Sex. Talking about sex doesn't have to be a fear-filled challenge. <i>The Focus on the Family® Guide to Talking with Your Kids about Sex</i> shows you how to speak with confidence to your kids about sex and sexuality. This candid resource is full of the latest information, practical insights, and age-appropriate answers to the questions your children have about sex. Audience: Parents</p>	Dr. Thomas Fitch and David Davis	http://www.amazon.com/Focus-Family%C2%AE-Guide-Talking-about/dp/0800722280
<p>BOOK Straight Talk with Your Kids About Sex</p>	Josh and Dottie McDowell	
<p>BOOK Aggressive Girls, Clueless Boys: 7 Conversations You Must Have with Your Son [and 7 Questions to Ask Your Daughter] Audience: Parents</p>	Dennis Rainey, 2012	Familylife
<p>BOOK "Broken Windows of the Soul" ...bringing help to those facing the temptation of pornography and sexual addiction.</p>	Donald Lichi Psychologist	http://www.emerge.org

Youth Worker Resources		
Christian Resources	Author(s)	
<p>BOOK</p> <p>Understanding Sexual Identity: A Resource for Youth Ministry Today's youth struggle with difficult questions of sexual identity. How can a youth worker offer wise care and counsel on such a controversial and confusing subject? Mark Yarhouse, director of the Institute for the Study of Sexual Identity, equips youth ministers so they can faithfully navigate the topic of sexual identity in a way that is honest, compassionate, and accessible.</p> <p>Recommended by: Amanda Pavey</p>	<p>Mark Yarhouse</p> <p>Professor of Psychology at Regent University in Virginia Beach, Virginia</p>	<p>http://www.amazon.com/Understanding-Sexual-Identity-Resource-Ministry/dp/0310516188/ref=asap_bc?ie=UTF8</p>
<p>CURRICULUM</p> <p>A.C. Green's "Game Plan: Abstinence Program" Workbook. Also available, coach's workbook.</p>	<p>A.C. Green</p>	<p>http://www.acgreen.com/get-involved/store/game-plan-workbook/</p>
<p>VIDEO</p> <p>I'VE GOT THE POWER – curriculum and video (6 weeks) 'I've Got The Power' is a tool for today's youth. This six-week curriculum also includes the 'It Ain't Worth It' video.</p>	<p>A.C. Green</p> <p>Acgreen YOUTH FOUNDATION</p>	<p>http://www.acgreen.com/get-involved/store/ive-got-the-power-curriculum/</p>
<p>WEBSITE</p> <p>Youth Specialty Youth ministry resources</p>		<p>http://www.youthspecialties.com/?s=sex</p>
<p>WEBSITE</p> <p>Jefferson Bethke webpage</p> <p>Checkout his YouTube video: Sexual Healing https://www.youtube.com/watch?v=IJJFvxad1_A</p>	<p>Jeff Bethke</p>	<p>http://jeffbethke.com/</p>
<p>SPEAKER</p> <p>Amanda Pavey, B.Sc., M.Sc. KW Pregnancy Resource Centre Available to speak to parent groups, junior and senior high groups at churches.</p> <p>Contact Amanda to obtain her 2015 Curriculum Summary for Ontario's new Sex Education.</p>		<p>Amanda@pregnancycentre.ca 519-886-4001</p>
<p>SPEAKER</p> <p>Theresa Zimmermann Adjunct Faculty at Heritage College, Cambridge; Studied SDS at University of Waterloo. Available to speak to parent groups, junior and senior high groups at churches.</p>		<p>theresazimmermann@hotmail.com 519 746-5636</p>